CASE STUDY

Maintaining Tunnel Tissue Viability with PolyMem Silver® Dressings During Osteomyelitis Treatment

BEFORE

AFTER
Maintaining Tunnel Tissue Viability with PolyMem Silver Dressings During Osteomyelitis Treatment

Linda Benskin, RN, BSN, Ghana, SRN, Church of Christ Mission Clinic, P.O. Box 137, Yendi, Northern Region, GHANA, West Africa

PROBLEM
A 35-year-old farmer in Ghana, West Africa, arrived with a non-healing wound due to osteomyelitis secondary to an unset compound fracture. He broke his leg in a motor-vehicle-accident 10 months previous but left the hospital “against medical advice” to avoid amputation. The proximal right ankle wound was 2 cm long x 3 cm wide with an adjacent 2.5 cm deep tunnel extending to the bone. The exterior wound was self-treated with an amoxicillin powder (poured out of capsules) and petrolatum mixture. Weight-bearing on the deformed leg was painful. Relative humidity during treatment was often well below 10% and always below 30%, which made it difficult to maintain a moist wound-healing environment. Since surgery to remove the dead bone was not available, the tunnel needed to be kept open and viable until the dead bone particles were ejected.

RATIONALE
PolyMem Silver dressings and PolyMem Wic Silver® cavity wound filler have demonstrated the ability to provide antimicrobial benefits in low humidity environments because of the residual moisture in the dressings and the natural hydrophilic action of the dressings. Both the PolyMem Silver dressing and the PolyMem Wic Silver filler contain evenly distributed nanocrystalline silver particles that provide additional antimicrobial benefits. The PolyMem Wic Silver filler provided a mechanical means to keep the tunnel, which served as a portal of exit for dead bone, open and appropriately moist until the osteomyelitis resolved.

METHODOLOGY
Treatment included nutritional counseling, prayer and oral antibiotics in addition to direct wound care. PolyMem Wic Silver cavity wound filler was inserted into the tunneling wound. PolyMem dressings (with a semi-permeable film coating), with or without silver, were applied over the exterior wound.

RESULTS
The infection was controlled quickly and dead bone fragments were removed from the base of the tunnel as they were released by the body. Walking became pain-free when the bone infection resolved. The tissue along the inner edges of the tunneling wound remained viable. The wound completely healed in 17 weeks and did not recur.

CONCLUSION
PolyMem Silver dressings and PolyMem Wic Silver cavity wound filler provided excellent results during the entire healing process to closure. The PolyMem Wic Silver filler kept the tissue along the inner edges of the tunneling wound viable for months, even in conditions of extremely low relative atmospheric humidity. The patient was able to continue farming throughout the treatment.

TUNNELING WOUNDS
Although clinicians in developed areas rarely encounter osteomyelitis cases in which IV antibiotic treatment and surgery to remove dead bone are not options, tunneling wounds are recognized as being among the more difficult to treat. Tissue along the inner edges of the tunnel must be viable for healing to occur. The PolyMem Wic Silver cavity wound filler kept this tissue clean and moist so that as soon as all the dead bone was expelled by the patient’s body, the tunnel could close.
OBJECTIVES

1. Discuss problematic issues related to non-healing wounds resulting from acute trauma.
2. Consider the advantages in terms of maintaining tissue moisture to using PolyMem Wic Silver cavity wound filler instead of a large-bore drain in extremely dry conditions.
3. Show that PolyMem dressings and cavity wound filler, categorized in the United States as foam dressings, have a wider treatment range of applicability than is generally recognized for dressings in the “foam” category.
4. Demonstrate that PolyMem Silver dressings and PolyMem Wic Silver cavity wound filler can be initiated at any stage of healing and can be used to complete closure.

NOV 18
Treatment initiated with PolyMem Wic Silver filler inserted into the 2.5 cm deep tunnel to infected bone to keep it open, clean and moist. Entire open area covered with PolyMem dressings.

NOV 21
Dressing appearance prior to its removal. Exterior wound and tunnel both staying clean and moist despite patient’s long hours on hands and knees working his arid, dusty farm.

JAN 19
One week previous, 0.9 cm long bone shard (inset) removed; more dead bone remains. Exterior wound healed. Tunnel exudate minimal and less foul. Therefore, using standard PolyMem dressings instead of silver.

FEB 23
Last dead bone fragment removed a few days earlier. The osteomyelitis is resolved; the tunnel is free of dead bone and without drainage, but moist and viable, so it is finally allowed to fill in from the bottom up.

MARCH 18
Tunnel filled in fully. Despite the permanent deformity and fore-shortening of his leg, the patient is able to walk well without pain. Successful dismissal.

This case study was unsponsored. The clinic receives donated supplies from many sources, including Ferris Mfg. Corp., who contributed to this poster design.
BIBLIOGRAPHY:

ORIGINAL POSTER PRESENTED AT:
20th Clinical Symposium on Advances in Skin and Wound Care. Poster #97. October 23 - 26, 2005. Las Vegas, NV USA.

* This version has been modified from the original; it reflects PolyMem branding.

© 2013 Ferris Mfg. Corp.